

Recommended Reading

Appelstein, Charlie **No Such Thing as a Bad Kid**

Understanding and responding to the challenging behaviors of troubled children and teens

Eldridge, Sherri **Twenty Things Adopted Kids Wish Their Adoptive Parents Knew** *Children share their feelings about adoption and* **20 Things Adoptive Parents Need to Succeed**

Understanding the unique needs to your adopted child and becoming the best parent you can be

Chapman, Gary and Ross Campbell **The Five Love Languages of Children** *Practical*

suggestions for learning how your children interpret love and creating a sense of security in which they can thrive

Faber, Adele **How to Talk So Kids Will Listen & Listen So Kids Will Talk** *Innovative ways to*

solve problems with communication and discipline

Fahlberg, Vera **A Child's Journey through Placement** *The foundation, resources, and tools to support children*

Fay, Jim and Foster Cline, **Parenting Teens with Love and Logic** *Preparing adolescents for responsible adulthood* **Parenting with Love and Logic: Teaching Children Responsibility**

Raise kids who are self-confident and motivated

Fay, Jim **Discipline with Love and Logic** *Three experts in child development offer knowledge*

and insight into behavior management

Forbes, Heather, **Beyond Consequences, Logic, and Control** *A Love-Based Approach to Helping Attachment-Challenged Children With Severe Behaviors*

Gray Deborah **Attaching in Adoption** *Practical tools for today's parents* **Nurturing Adoptions: Creating Resilience after Neglect and Trauma** *An overview of neglect and trauma's effects on children and families, a collection of practical pearls for adoptive parents, and best practices primer for child welfare professionals.*

Greene, Ross **The Explosive Child** *A new approach for understanding and parenting easily frustrated and chronically inflexible children.*

Greene, Ross and Stuart Albon **Treating Explosive Kids: The Collaborative Problem-Solving Approach** *provides a detailed framework for effective, individualized intervention with highly oppositional children and their families*

Hughes Daniel **Attachment Focused Parenting: Effective Strategies to Care for Children and Building the Bonds of Attachment: Awakening Love in Deeply Troubled Children** *a practical guide for professionals and parents*

Irwin, Patricia, **Adopting is a Family Affair: What Relatives and Friends Must Know**

Preparing extended family for adoption

Jewett, Claudia: **Adopting the Older Child** *an examination of the older-child adoption process which addresses feelings and reactions of everyone involved.-new and foster parents, adoptive and biological children, as well as social workers.*and **Helping Children Cope with Separation and Loss***Covers death, divorce, illness, and other challenges.*

Keck, Gregory, Gianforte Mansfield, Lynda & Regina Kupecky **Parenting the Hurt Child: Helping Adoptive Families Heal and Grow** *A valuable resource of practical help for adoptive and foster parents as well as professionals who are dealing with hurt children*

Keck, Gregory **Adoption and Your Pre-Adolescent and Adolescent** *Issues that may emerge during adolescence*

Keefer, Betsy and Jayne Schooler **Telling the Truth to Your Adopted or Foster Child: Making Sense of the Past** *Concrete tools to help parents to share information* **Mystery History: Helping an Adopted Child Understand His Past** *Dealing with little or no information on your child's beginnings*

Lieberman, Cheryl and Rhea Buffered **Creating Ceremonies: Innovate Ways to Meet Adoption Challenges** *A resource to help adoptive families better cope with the day-to-day changes and challenges of life together.*

MacKenzie, Robert **Setting Limits With Your Strong-Willed Child** *Eliminating Conflict by Establishing CLEAR, Firm, and Respectful Boundaries.*

Macrae, Sheena ed, **Adoption Parenting: Creating a Toolbox, Building Connections** *Over 100 contributors from around the world share their wealth of information to help adoptive families.*

Pelzer, Dave **The Lost Boy** *chronicles his years from 12 to 18 years of age as a foster child*

Perry, Bruce **The Boy Who Was Raised as a Dog** *Explains how stress can stunt the brain's development, and how affection, consistently offered in a safe environment, can strengthen underdeveloped neural tissue enabling abused and neglected children to heal*

Purvis, Karyn **The Connected Child** *Helping youngsters overcome behavioral problems, learning difficulties and mental illness resulting from early trauma and deprivation.*

Rhodes Courter, Ashley **Three Little Words: A Memoir** *shares the painful details of the author's nine year journey through the foster care*

Schooler, Jayne; Keefer Smalley, Betsy & Timothy Callahan **Wounded Children Healing Homes: How Traumatized Children Impact Adoptive and Foster Families** *Offers solutions for the challenges of parenting deeply traumatized and emotionally disturbed children.*

Siegel, Daniel and Mary Hartzell **Parenting from The Inside Out** *Highly complex neuroscientific and psychological matters are translated into lay strategies for effective parenting.*

Steinberg and Hall, **Inside Transracial Adoption** *provides creative, confident, pro-active, and provocative guidance for parents who are experienced veterans or who are considering transracial adoption for the first time*

Varon, Lee **Adopting On Your Own: The Complete Guide to Adopting as a Single Parent** *Addresses the questions and concerns of prospective single parents*